

SKUA DUBH INVITE YOU TO THEIR 30TH BALL THE MOUNTAIN CALLS

Join us on this fabulous mountain-and-country-hopping hiking-dancing holiday! The hikes in the following itinerary will be well worth the effort as you explore unique dances and stunning landscapes, accompanied by great music.

STARTING TIME 3 June 2023, 7 pm
(walkthrough from 2.30 to 4.30 pm)

STARTING POINT Hall of Kirchengemeinde St. Cäcilia,
Kastellstraße 21, 53227 Bonn-Oberkassel

MUSIC Anselm Lingnau (piano) and Christine Moos (fiddle)

PRICE 32 € (concessions 23 €, children 10 €)
Early bird price until 15 April 2023: 23/13/7 €

HOW TO BOOK Please register giving your name and email address and/or phone number. To help us plan and prepare the buffet, try to register by 28 May.

Register with: Uta Hasekamp, email: tanzen@skua-dubh.de,
phone: +49 228 2422107

Please pay in advance, payment information will be sent when we confirm your registration. Guests from outside the eurozone may pay at the ball.

Let us know if you would like mountain-hut-style accommodation with a Skua dubh member the night after the ball. We'll try to find a place for everyone.

GETTING TO THE HIKING AREA See <http://goo.gl/maps/XPXym>
Train station nearby: Bonn-Oberkassel, tram stop nearby (line 62/66):
Oberkassel Mitte

MAP MATERIAL <https://my.strathspey.org/dd/list/39850/>



DISTANCE: 768 bars
DIFFICULTY: a gentle stroll
in South East Scotland

On the first evening, we **reunite** in The Dancing Hiker, the inn next to Cranshaws parish church, welcoming the opportunity to chat and discuss our holiday by the **flames of the peat fire**.

NEXT DAY: a relaxed ramble in the **Lammermuir Hills**.

THE REUNION JIG Judith Kowalczyk (2RR, J 32)

(1c+2c facing each other clockwise/anticlockwise)

- 1–8 All pass opposite person Rsh, dance LHA with next couple (to change direction), pass original opposite person Rsh
- 9–16 1M followed by 1W dances clw around 2c, 1c pull back Lsh;
1W followed by 1M dances cclw back to place
- 17–24 2c repeat [9–16], dancing around 1c
- 25–28 All turn opposite person LH ½ and stay close, facing each other,
pull back Lsh and dance to opposite side (= half turn and twirl)
- 29–32 All dance Circle4 to the left with next couple

THE PEAT FIRE FLAME John Drewry (3/4 L, R 8×40)

- 1–8 1c cast off (2c up), ½ Fig8 between 2c, turn LH to 1cnr
- 9–16 1c turn 1cnr RH, pass Rsh; turn 2cnr LH, pass Lsh to face 1cnr
- 17–24 ½ Reel4 with 1cnrs, pass Lsh; ½ Reel4 with 2cnrs, 1c finish facing 3cnr position
- 25–32 1c set to 3cnr position (1cnr person), spiral Rsh round each other (skip change);
set to 4cnr position (2cnr person), spiral Rsh as before to face out in 2plx
- 33–40 1c cast R round 1cnr position and meet in the middle
WHILE corners ½ R&L (no polite turns); all turn RH (1c end facing out) (2, 1, 3)

THE LAMMERMUIR HILLS Roy Goldring (2/4 L, S 8×32)

- 1–8 1c+2c Poussette
- 9–16 1W+2M change places RH, cast clw round P to own places; 1c+2c RHA
- 17–24 1M+2W change places LH, cast cclw round P to own places; 1c+2c LHA
- 25–32 1c+2c Knot (2, 1)



DISTANCE: 480 bars
DIFFICULTY: straightforward,
but strenuous

THE HIKE: Follow the signposts
up and down Ben Nevis. On this
lengthy trek, it helps to remember
that hiking is sometimes a matter
of simply putting **one foot in front
of the other**.

YOU MIGHT ENCOUNTER:
On the lower slopes of Ben Nevis,
the highland midge can be a real
nuisance. Apply mosquito
repellent before setting off!

THE HIGHLAND MIDGE John Bowie Dickson (4/4 L, J 4×32)

(on 2nd chord, 3c+4c cross to opposite side) (1, 2, 3x, 4x)

- 1–8 All clap on [1] as 1c+4c cross RH, cast inwards (2c+3c step out);
1c+4c set, ½ RHA (2, 4x, 1, 3x)
- 9–16 All clap on [9] as 1c+4c cross and cast outwards (2c+3c step in);
4c+2c and 3c+1c set, ½ RHA (2c+1c face down, 4c+3c face up) (2x, 4x, 1, 3)
- 17–24 All set, Petronella turn into two lines 4 across; ½ Reels 4 across
- 25–32 All set, turn (not your partner) RH ¾ to sides (to 2, 4, 1x, 3x); chase clw ½ (3, 1, 4x, 2x)

UP AND DOWN BEN NEVIS M Ross (3/3 L, S 3×32)

- 1–8 3c set, cast up; dance up between 1c (2c down), cast off
- 9–16 ½ Reels 3 across (3c Rsh to 2cnrs = L down, M up); repeat Rsh to 4cnrs (1, 3, 2)
- 17–24 1c+3c Set&Link; 1c+2c Set&Link (3, 2, 1)
- 25–32 2c with 3c following cross down into Fig8 round 1c (2, 3, 1)

ONE FOOT IN FRONT OF THE OTHER Sara Gratiot (3/4 L, J 8×32)

- 1–8 1c+2c Set&Link; RHA
- 9–16 2c+1c+3c Set&Link; all A&R in lines across
- 17–24 ½ Reels 3 across (1c giving Lsh to person on the left); 1c turn LH 1¼ to 2 pl (3x, 1, 2x)
- 25–32 Diagonal R&L (2, 1, 3)



Hike 3: SCHIEHALLION

DISTANCE: 384 bars
 DIFFICULTY: **Schiehallion** is one of the easiest Munros to dance on!

THE HIKE: Keep to the excellent path but remember that you are in the rocky Highlands, so use your Highland Schottische and rocking steps! When descending, do not hurry or delay, to avoid collisions in the Schiehallion Reel.

From the end of your walk it is only a few steps to the mountain hut: **Rest and be thankful.**

SCHIEHALLION Hugh Thurston (4 S, S 64 + R 64)

STRATHSPEY

- 1–16 “Chorus”: all $\frac{1}{2}$ G-Chain (1 step/hand, start with P); all set H.Schottische to P.
 Repeat [1–8], M finish in centre and face out
- 17–24 “Diamond”: all M dance a fling step (e.g. rocking step)
 WHILE {8 bars} W Petronella, ending $\frac{1}{2}$ way round
- 25–32 All pairs turn RH $\frac{1}{2}$, all W $\frac{1}{2}$ LHA; all turn P RH $1\frac{1}{4}$ (to places)
- 33–48 “Chorus” repeat [1–16], finishing for ...
- 49–56 “Criss-cross”: All $\frac{1}{2}$ RHA, W in middle, M outside; all W dance to place of M in front
 WHILE {2} M dance to place of W in front, change back same way (W pass behind M) to original wheel
- 57–64 Repeat [49–56], dance out to original positions and clap twice

REEL

- 65–80 “Chorus”: all $\frac{1}{2}$ G-Chain (1 step/hand, start with P); all turn P twice with R arm in elbow grip. Repeat [65–72] to places
- 81–88 “Turn and round”: 1c+3c set advancing, turn opposite BH; Circle4 L, to places
- 89–96 2c+4c repeat
- 97–112 “Chorus”: repeat [65–80], W finish facing out
- 113–128 All Schiehallion Reel

REST AND BE THANKFUL Jack McConachie (3/4 L, R 8×32)

- 1–8 1c cross RH, cast off (2c up); cross LH, cast L to take 1cnr on R in promhold
- 9–16 Promenade $\frac{1}{2}$ round cclw and drop 1cnr at opposite corner
 WHILE 2cnrs Advance&retire diagonally; 1c turn $1\frac{3}{4}$ LH to 2cnrs
- 17–24 Repeat with 2cnrs WHILE 1cnrs A&R; 1c turn $1\frac{1}{4}$ LH to face 1cnr positions
- 25–32 $\frac{1}{2}$ Reel4 with 1cnrs, pass Rsh; $\frac{1}{2}$ Reel4 with 2cnrs, pass Rsh to 2pl (2, 1, 3)

YOU HAVE REACHED THE MOUNTAIN HUT: BUFFET



Hike 4: TO SWITZERLAND

DISTANCE: 768 bars
DIFFICULTY: easy (for now)

We are **happy to return** to the trail/dance floor (and it's Skua dubh's 30th ball: **Happy returns!**), our hiking-dancing journey continuing in Switzerland. We are on a city walk in Bern and have arranged to meet our mountain guide at the **Zytglogge** tower. His name: **John McAlpin***.

YOU MIGHT ENCOUNTER:
Swiss lassies

* Now we finally know who he is!

HAPPY RETURNS Unknown/MMM (3/4 L, R 8×32)

- 1–8 1c+2c+3c MirrorReels3 on sidelines, 1c crossing to opposite side on [1–2]
 9–16 Repeat, 1c crossing back to own side on [9–10]
 17–24 1c lead down middle {3} and up {3}, cast to 2pl (2c up)
 25–32 1c+3c RHA; 2c+1c LHA (2, 1, 3)

JOHN MCALPIN Hugh Foss (3/4L, S 8×32)

- 1–8 1c advance and touch RH {1}, retire {1}, cross LH;
 lead down RH (2c up), turn LH to face 1cnrs
 9–16 Turn CPCP (to 2, 1, 3)
 17–24 2W+1W+3W set, Advance&retire, set
 WHILE 2M+1M+3M stand {2}, set; Advance&retire
 25–32 All cross RH, ½ circle6 L; all cross LH, ½ circle6 R (2, 1, 3)

ZYTGLOGGE Terry Blackburn (3/4 L, R 8×32)

- 1–8 1c turn RH, cast (2c up); turn LH to face 1cnr
 9–16 "Zytglogge formation" (16 bars – 1c and 1cnrs: either turn or chase, 2cnrs: set and chase)
 1c+1cnrs turn RH ½ WHILE 2cnrs set,
 1c+2cnrs chase 1 place clw WHILE 1cnrs turn LH ¾ to face 1c on 2diag;
 repeat figure from new places (1c now faces 3cnr position)
 17–24 Repeat [9–16], 1c finish LH turn with M below W and facing 1cnr
 25–32 Teapots R; teapots L
 (2c+1W and 1M+3c RHA; 1c pass Rsh and repeat LHA with other couple) (2, 1, 3)



DISTANCE: 512 bars
 DIFFICULTY: not for the faint-hearted

THE HIKE: This is a high-altitude hike and there is **snow on the mountain**. You will need to employ fancy footwork (setting, petronella and swivelling steps) and intricate dance formations to get from one place to the other. But you can look forward to the magnificent views **at the summit!**

RECOMMENDED PROVISIONS:
 Swiss chocolate

SNOW ON THE MOUNTAIN Lara Friedman-Shedlov (3/4 L, J 8×32)

- 1–8 1c cross RH, cast off (2c up);
 ½ Fig8 L (L up, M down) to 2 pl centre BtoB facing own sides
- 9–16 „Petronella DTr“:
 same as DTr except that 2c and 3c Petronella turn 1 place cclw when
 1c change places [11–12 and 15–16].
 On [15–16] 1c pivot R to finish on midline, 1W facing up, 1M down
- 17–24 3c+1W and 1M+2c RHA (to 3x, 1x, 2x); all chase clw ½ (2, 1, 3)
- 25–32 Circle6 and back (2, 1, 3)

AT THE SUMMIT Craig and Jody Williams (3/4 L, S 8×32)

- 1–8 1c turn BH, cast (2c up); cross RH, cast R round 1cnr to face 1cnr on the diagonal
- 9–16 “Best-Set-in-the-Hall figure“:
 1c set to 1cnr, 1c cast Rsh round each other to 3cnr position
 WHILE {2} 1cnrs dance into centre and swivel R to face own cnr;
 repeat, 1cnrs finishing in exchanged places and 1c facing 2cnr
- 17–24 Repeat with 2cnrs (to 3x, 1x, 2x)
- 25–32 All Set&Link; repeat (2, 1, 3)



DISTANCE: 640 bars
DIFFICULTY: not alpine exactly ...

THE HIKE: We meet in the heart of the Siebengebirge (**Seven Mountains**). Admiring the splendour of **early spring**, we make our way to the **Drakensberg*** with magnificent views over the Rhine valley.

YOU MIGHT ENCOUNTER:
The dragon roaming the Siebengebirge (the old legend says) – but seasoned dancers have been known to overcome greater challenges!

* Dutch for Drachenfels, which, being very popular with Dutch visitors, has been called the highest mountain of the Netherlands.

THE SEVEN MOUNTAINS REEL (7/7 L, R 7×32)

(very much inspired by Derek Haynes's Black Mountain Reel)

- 1–8 1c+3c+5c cross RH, cast off (2c+4c+6c up); 1/2 Fig8 up and face 1cnr
9–16 Turn 1cnr RH, pass P Lsh; turn 2cnr RH and pivot R to face 1cnr
17–24 1c+3c+5c Reel4 with 1cnrs, at the end dancing couples pass P Lsh (ready for Ls starting up, M down into RHA)
25–32 1W+2c, 1M+4c+3W, 3M+6s+5W and 5M+7c RHA; 1c+3c+5c turn LH, cast off (4c+6c+7c up) (2, 4, 1, 6, 3, 7, 5)

EARLY SPRING Isabel Neves (3/3 L, S 3×32)

- 1–8 1M+2M+3M Rsh round P; 1c+2c+3c turn RH
9–16 1L+2L+3L Lsh round P; 1c+2c+3c turn LH ending LH joined facing up
17–24 1c+2c+3c Allemande
25–32 3c+2c (top two cpls) Tourbillon (2, 3, 1)

A TRIP TO THE DRAKENSBERG Barbara J. Rendle-Braime (3/4 L, J 8×40)

- 1–8 1c set, cast off 2 places {3}, dance up to the top {3}, 2c step in on 7–8
9–16 1c+2c Poussette, 1c set advancing on [15–16] to face 1cnrs
17–24 1/2 Reel4 with 1cnrs, 1c pass Lsh; 1/2 Reel4 with 2cnrs, 1c finishing 2plx (3x, 1x, 2x)
25–32 3M+1M+2M Petronella turn onto centre line, set WHILE 3W+1W+2W set, Petronella turn to face partners; 3c+1c+2c turn 3/4 RH into
33–40 3c+1c+2c Allemande (2, 1, 3)



DISTANCE: 448 bars
DIFFICULTY: entanglingly difficult

THE HIKE: Back in Scotland, we take **a trip to the Applecross** peninsula. From there, it is only a stone's throw to Skye, where, on **Waternish**, we admire the seaweed **tangles** and get hopelessly entangled in the beauty of our surroundings.

YOU MIGHT ENCOUNTER:
The kelpie sometimes venturing out of Loch Coruisk.

A TRIP TO APPLECROSS Nicola Scott (2/3 L, R 6×32)

- 1–8 1c set, 1M set twice WHILE {4} 1W dance Rsh round P and back to place, 1c cross RH (1W face up) (1x, 2)
- 9–16 M-chain up/dn
- 17–24 1st half of Set&Rotate (= set, cast 1 place clw); RHA
- 25–32 2nd half of Set&Rotate (= chance places RH with P, chase 1 place clw) (2, 1x); 1c turn RH 1½ (or R elbow pivot turn) (2, 1)

Bars 1–16 2nd time through:

- 1–8 1c set, 1W set twice WHILE {4} 1M dance Lsh round P and back to place, 1c cross LH (1M face up) (1x, 2)
- 9–16 L-chain up/dn

On [3–6] alternative: Highland setting steps

THE WATERNISH TANGLE Andrea Barfoot (3/4 L, J 8×32)

- 1–8 1c cross down RH (2c up), set; cross down LH (3c up), set (2, 3, 1)
- 9–16 1c cross RH, change places LH on sideline (2, 1x, 3); 2c+1c ½ R&L, finishing with extra ¼ turn into line across, W in the middle
- 17–24 Targe:
1W+2W turn RH ¾ WHILE 1M+2M chase ¼ cclw onto midline, middles turn ends LH; repeat, finish (2, 1x, 3)
- 25–32 1c cross down LH between 3c, cast up; dance up between 2c, cast off (2, 1, 3)



Après hiking: BY THE WATERFALL

DISTANCE: 448 bars
DIFFICULTY: non-existent

THE HIKE: Walk down to the waterfall, find a comfortable rock to sit on and relax!

RECOMMENDED PROVISIONS:
Scotch broth, which might either be tasty soup in your thermos or (like **Sandy's**) a wee dram of something else – but don't fall into **the Falls of Rogie!**

SANDY'S SCOTCH BROTH Gail Sibley (3/3 L, S 3×32 + R 3×32)

- 1–8 All Circle6 and back
- 9–16 1c NHJ dance down, set; dance up, cast to 2pl (2c up) facing 1cnr
- 17–24 1c+1cnrs Pass&turn; 1c+2cnrs repeat, finish 1c facing out (2, 1, 3)
- 25–32 Chaperoned chain progression:
2c+3c turn RH $\frac{3}{4}$ to midline WHILE {2} 1c cast R $\frac{1}{4}$ round set,
2M+3W turn LH $1\frac{1}{2}$ WHILE {4} 1M+2W and 3M+1W in promhold
dance $\frac{1}{2}$ round set clw,
1c dance clw to 2pl WHILE {2} 3c+2c turn RH $\frac{3}{4}$ (3, 1, 2)

THE FALLS OF ROGIE Jean Attwood (3/4 L, R 8×32)

- 1–8 1c cross RH, cast (2c up); cross RH, cast R (M up, W down)
- 9–16 $\frac{1}{2}$ Reels3 across (Lsh to 2cnr); set in lines across, all cross up/down RH
- 17–24 Cnrs chase once round clw
WHILE {4} 1c chase half way clw and {4} turn RH $1\frac{1}{4}$ to face 1cnr positions
- 25–32 $\frac{1}{2}$ diag Reel4 with 1cnrs, 1c pass Rsh;
 $\frac{1}{2}$ diag Reel4 with 2cnrs, 1c pass Rsh to 2pl (2, 1, 3)